



MOHEGAN TRIBE
DEPARTMENT OF ATHLETIC REGULATION
Pre-Fight Medical Requirements

Please use the Mohegan forms if getting new medicals. It will make all of our lives easier.

1. A comprehensive physical examination, conducted by the fighter's private medical doctor. This examination should be performed **within one year of the contest**. The competitor should be medically cleared to fight. **Promoter Note: Make sure that the form is signed by a doctor. A signature by a physician's assistant or nurse will not be accepted. The form must have the doctor's stamp on it. Make sure that if you are not using the Mohegan form that the form used says or the doctor writes and initials "ok to fight MMA" on it.**
2. An ophthalmologic (eye) examination including a dilated retinal exam **within one year of the contest**. Promoter Note: **Must be done by an ophthalmologist not an optometrist. Make sure that if you are not using the Mohegan form that the form used says "ok to fight MMA" on it and is signed by the doctor (not a nurse or PA).**
3. A normal *baseline* CT Scan or MRI. **Promoter Note: Can be from any date. Has to be WITHOUT CONTRAST.**
4. A MRI (without contrast), CT Scan (without contrast) or complete neurological examination **within one year of the contest**. **Promoter Note: If the CT Scan or MRI are older than a year from the contest then a neurological exam can be done instead of another CT or MRI. The neurological exam MUST be done by and signed by a neurologist.**
5. A normal baseline EKG (heart test) **anytime after beginning professional career. (Must be interpreted by ordering physician).** **Promoter Note: Make sure to send in the EKG readout (squiggly line paper) and the Mohegan interpretation form. Make sure that if you are not using the Mohegan form that the interpretation form used says "ok to fight MMA" on it.**
6. Negative HIV Serology (AIDS Blood Test) **within 6 months of the scheduled contest.**
7. Hepatitis B Immunization (vaccination) series including proof of immunity, or documentation of a negative Hepatitis B Surface Antigen (HBV sAg Blood Test) **within 6 months of the scheduled contest.**
8. Negative Hepatitis C AB (antibody) Serology (Blood Test) **within 6 months of the scheduled contest.**
9. Any additional test and/or examinations may be required or amended at the discretion of the Commissioner or Medical Advisory Board.
10. *For female competitors:* A negative pregnancy test (urine or blood HCG) within 14 days of the scheduled contest.
11. *For female competitors:* A normal gynecologic examination within 6 months of the scheduled contest.

Please Note: These requirements comply with the ABC/AAPRP *Basic Medical Requirements for Medical Qualification in Boxing*