NAGA CHILDREN & TEEN DIVISION INFORMATION

EXPERIENCE LEVELS: When choosing your child or teen's <u>experience level</u>, please consider numerous factors: how often they train, how naturally talented they are in the sport, athleticism in other sports, and how they do against teammates. The length of time they have trained is not the only aspect to consider as the experience levels (years training) listed are simply guidelines. Challenge your children and have them compete at an appropriate skill level. NAGA has the right to alter competitor division placement after the competitor interview.

CHILDREN NO-GI & GI DIVISIONS (13 years of age & under)

SKILL LEVEL EXPERIENCE GUIDELINES (Length of time training)	WEIGHT CLASSES
NOVICE - Less than 6 months (white belts only)	39.9 lbs. & Under
BEGINNER - 6 months to 1 year	40 to 49.9 lbs.
INTERMEDIATE - 1 year to 2 years	50 to 59.9 lbs.
ADVANCED - 2 years to 3 years	60 to 69.9 lbs.
EXPERT - 3 years +	70 to 79.9 lbs.
	80 to 89.9 lbs.
Whenever possible, your child will be matched up with someone their same age or children within one year date of birth (plus or minus). Please understand that under some circumstances they may have to compete with others slightly older. A coach or parent will be contacted to get approval.	90 to 99.9 lbs.
	100 to 109.9 lbs.
	110 to 119.9 lbs.
	120 to 129.9 lbs.
	130 to 139.9 lbs.
All children 13 and under that weigh over 180 lbs. will need to compete with the teens.	140 to 149.9 lbs.
	150 to 159.9 lbs.
	160 to 169.9 lbs.
If there are 2 or more girls in a division, we will create a separate division for the girls.	170 to 179.9 lbs.
	Children 180 lbs. & over must compete in teen.

TEEN NO-GI & GI DIVISIONS (14 to 15) and (16 to 17) years old

SKILL LEVEL EXPERIENCE GUIDELINES (Length of time training)	WEIGHT CLASSES (Determined at weigh ins)
NOVICE - Less than 6 months (white belts only)	99.9 lbs. & under
BEGINNER - 6 months to 1 year	100 to 109.9 lbs.
INTERMEDIATE - 1 year to 2 years	110 to 119.9 lbs.
ADVANCED - 2 years to 3 years	120 to 129.9 lbs.
EXPERT - 3 years +	130 to 139.9 lbs.
	140 to 149.9 lbs.
Teens division age categories are 14 & 15 years of age, and 16 & 17 years of age. If no one is in your age category, you may need to move up in age, weight, or skill.	150 to 159.9 lbs. 160 to 179.9 lbs. 180 to 199.9 lbs. 200 lbs. & over
NAGA reserves the right to either combine or subdivide the above weight and age classes.	
Submissions are allowed in all teen divisions.	
Females and males are typically not combined in teens. If a teen does not have a match, they may be able to move to the adult division. This will be confirmed with the competitor and coach/parent at the tournament.	
More information is available at nagafighter.com or naga.smoothcomp.com	